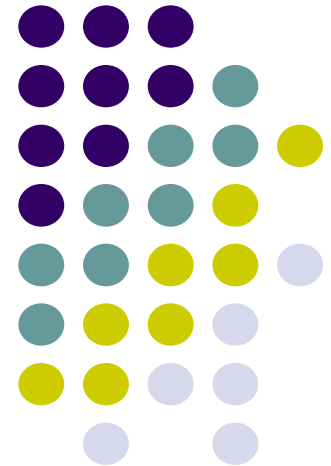
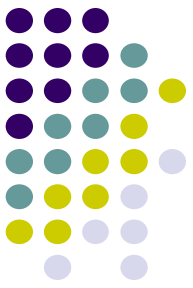


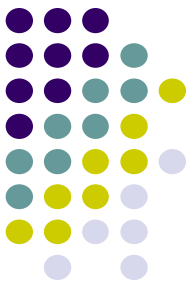
The Role of Nurse-led Post-Operative Cardiac Clinics: A Fifteen Month Experience in Wales

Sister Ann Parkes, Mr Dheeraj
Mehta and Miss Melanie Jenkins



Cardiff & Vale UHB

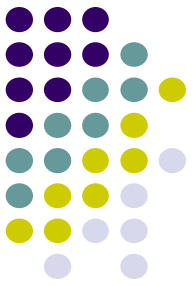




Standard Routine Follow-up Practice:

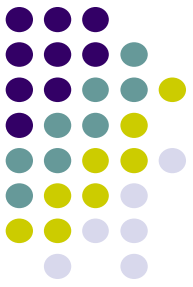
- All CABG follow up patients were seen in the Consultant clinic 6 – 12 weeks post-op.
- Main pressures on clinics = reduction in junior doctors working hours
- QUESTION: Could specific post-op patients be seen by experienced nurses, instead of a doctor?

Pilot Study

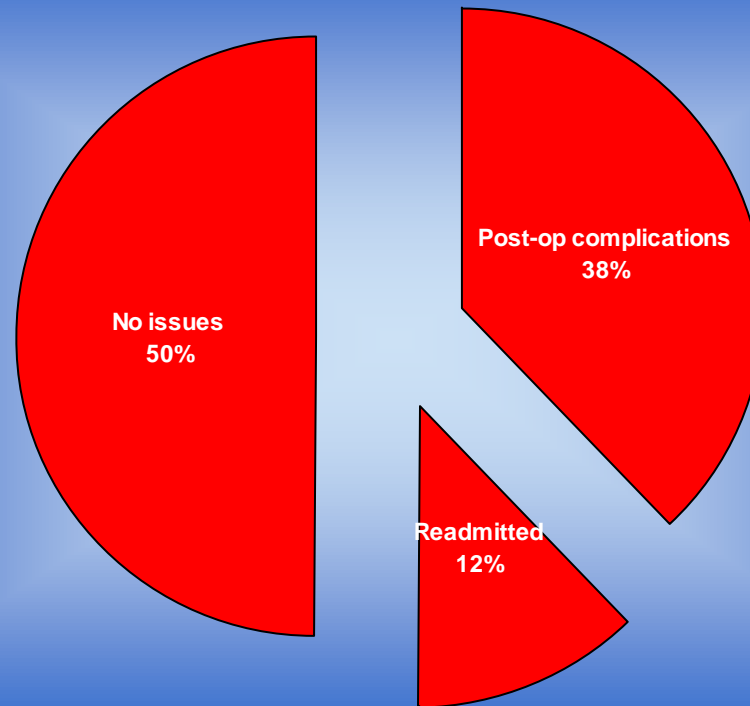


- Criteria for inclusion in the clinic
Patients who had undergone CABG only
- Clear objectives:
 - To have a follow up appointment within 6-8 weeks of discharge,
 - To discharge patient back to referring cardiologist
 - To optimise secondary prevention medication
 - To optimise risk factor modification
 - To free up medical manpower
- Structured proforma / supervision
- Clinical support available

Post-operative Complications Prior to Clinic Visit

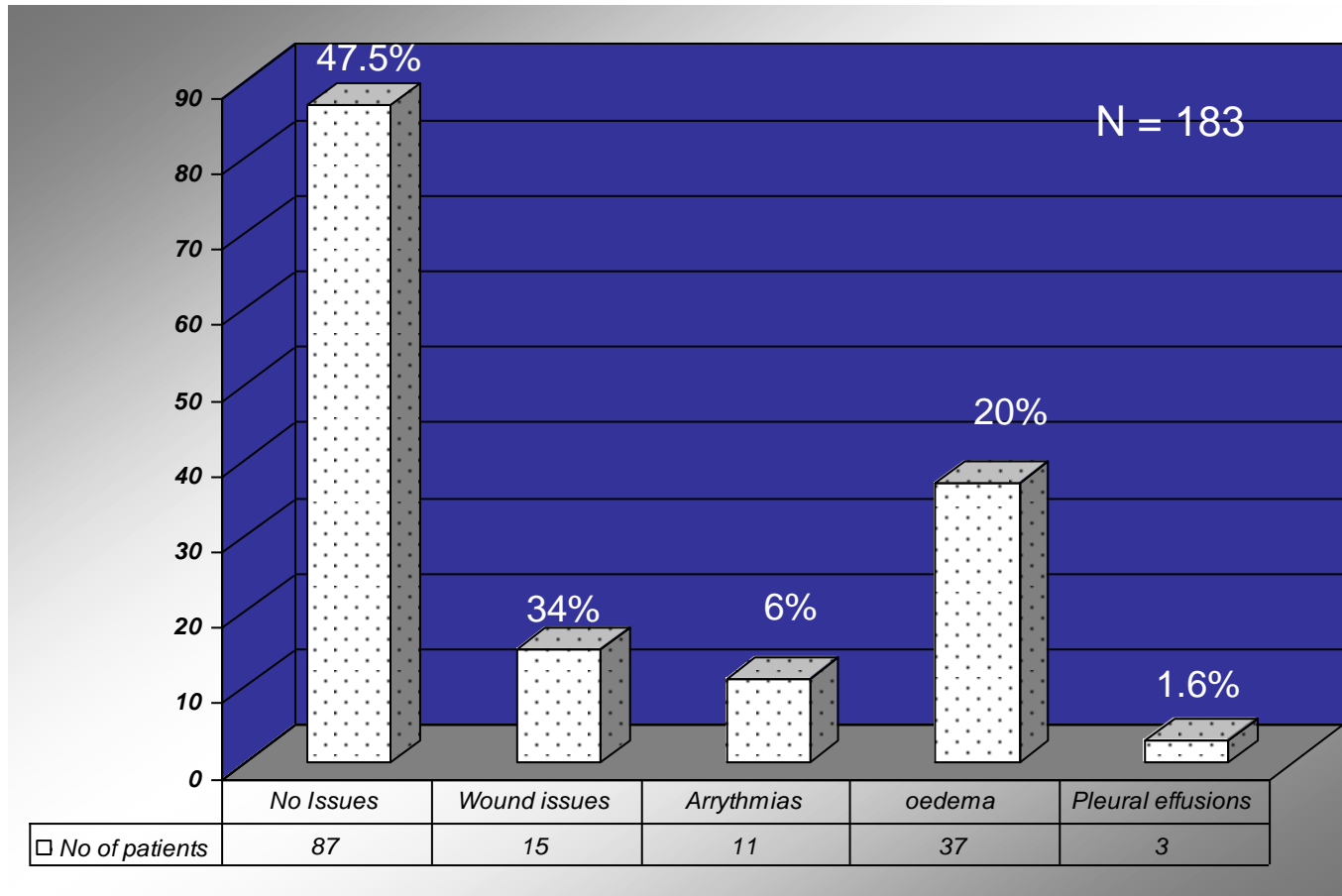
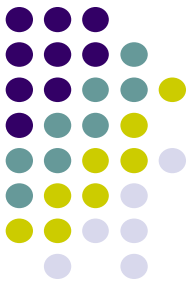


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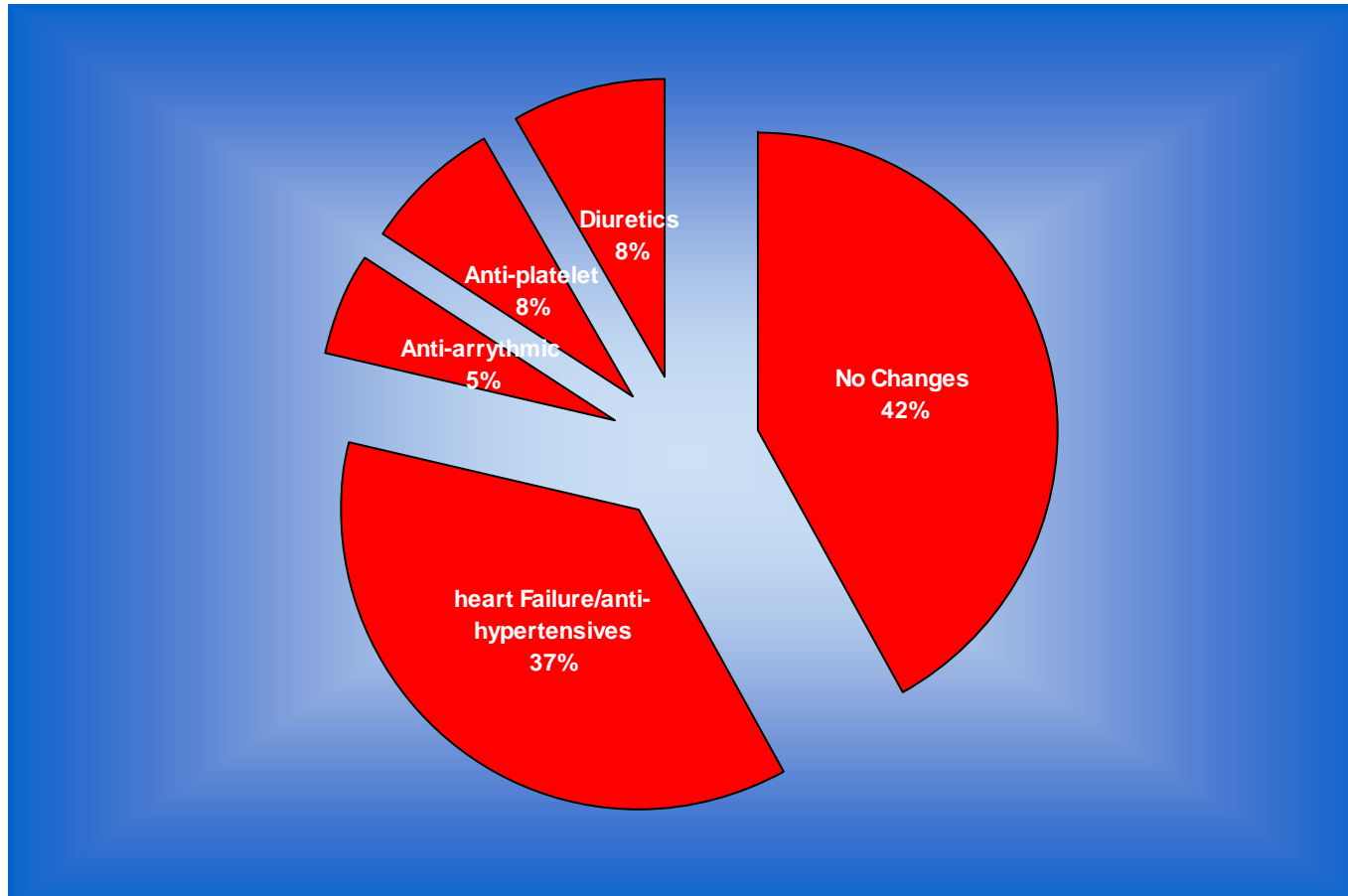
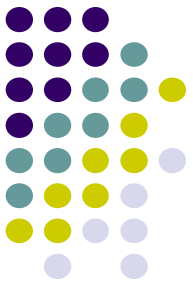


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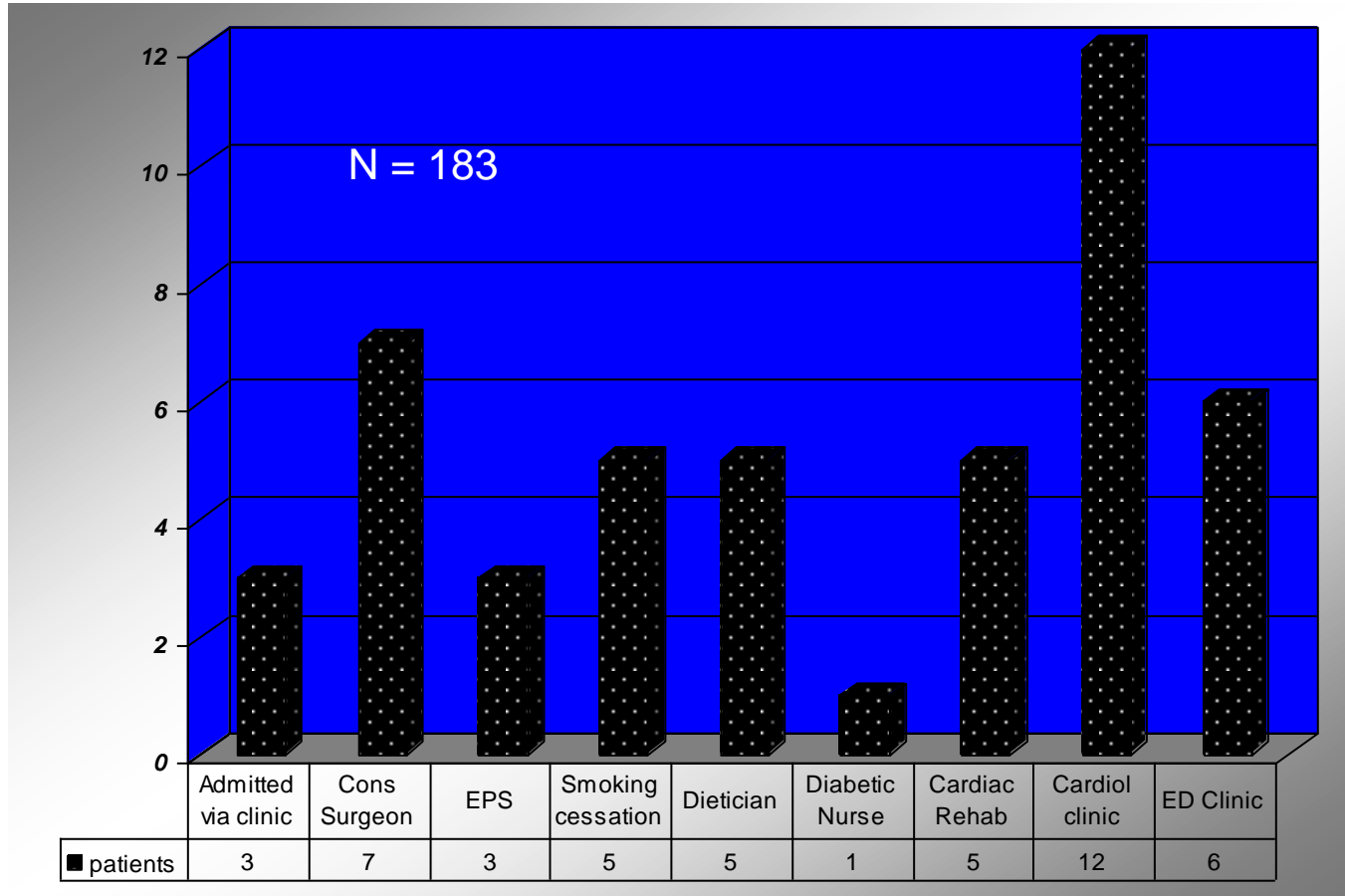
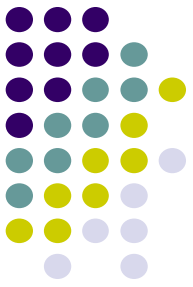
Postoperative Complications at Clinic Visit



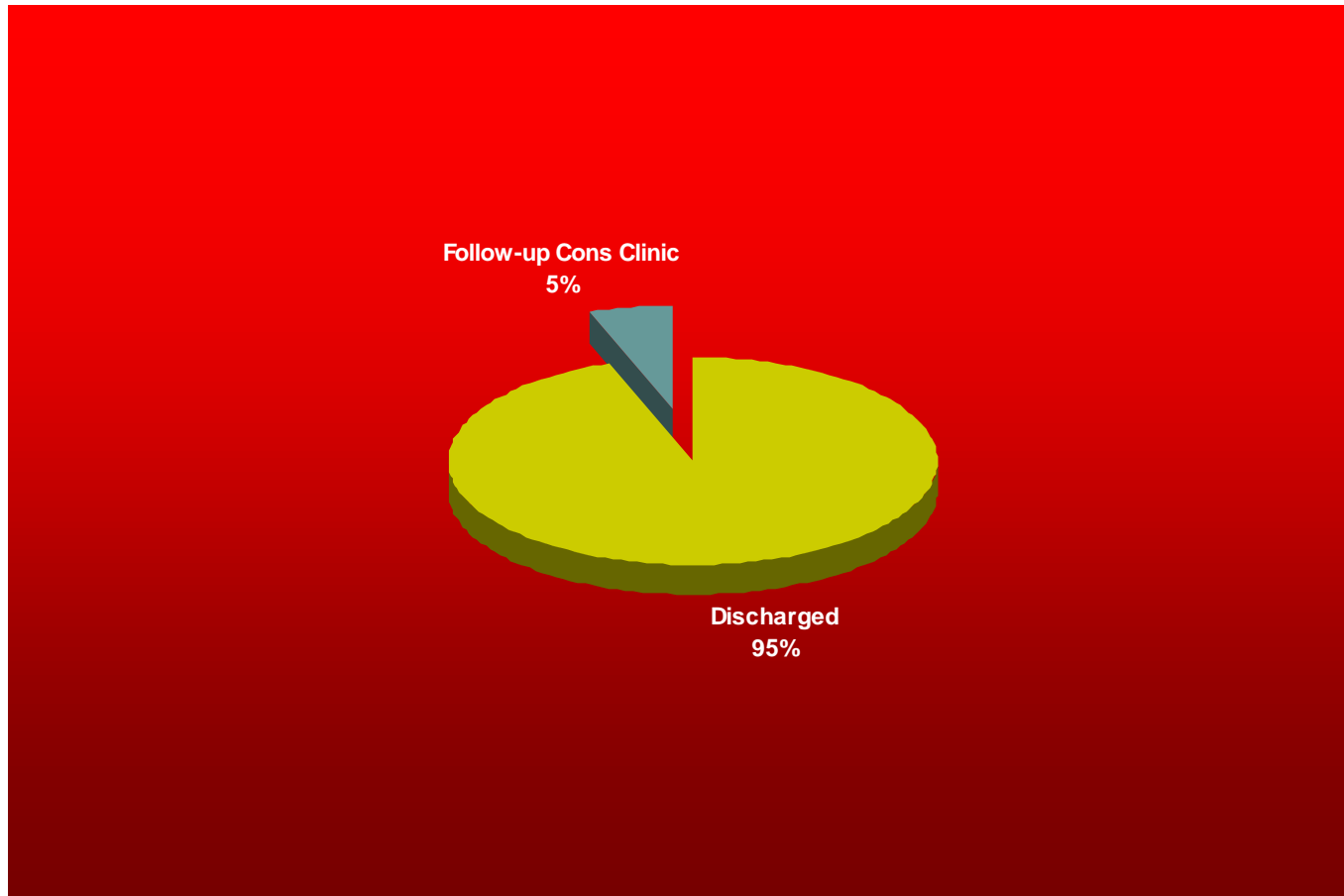
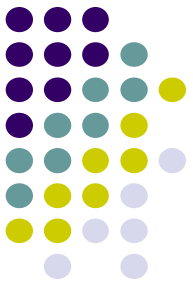
Medication Changes initiated from Clinic Visit



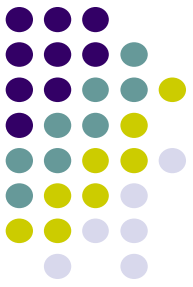
Referrals made following clinic visit



Discharges

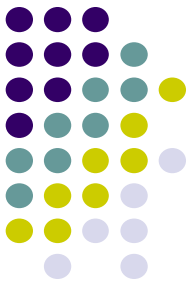


Nurse led follow up clinic post CABG

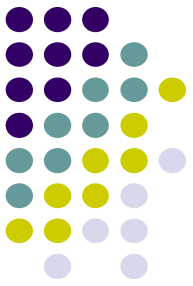


- Provides challenges
- It is as safe and effective as that of a medic run clinic.
- Supportive environment & training vital
- It is cost effective as it frees up medical manpower.
- Complications are clearly highlighted and managed with the full support of the surgical team as necessary.

The Way Forward:



- PCI Cardiology clinic
- Future plans are to develop a clinic for post-operative valve surgery
- To provide training for recent newly appointed nurse practitioners to assist and cover in the clinics



Thank you.

Any Questions?

